

NATIONAL ADVISORY BOARD Briefing

October 2024

National Report on Mental Health and Well-Being

On October 30, CCCSE is releasing <u>Supporting Minds, Supporting</u> <u>Learners: Addressing Student Mental Health to Advance Academic</u> <u>Success</u>, which explores mental health and well-being among community college students and highlights the challenges many students experience. The data presented in this report are based on a survey administered in spring 2023 to over 60,000 community college students from 149 institutions and a survey administered in fall 2023 to almost 14,000 students from 61 institutions.

Takeaways from the report include the following:

- » When asked about the last two weeks, 60% of Community College Survey of Student Engagement (CCSSE) respondents said they had been bothered by having little interest or pleasure in doing things.
- » Sixty-six percent reported that they had been bothered by feeling nervous, anxious, or on edge.
- » Thirty percent of respondents said they wouldn't know where to go if they needed help for their mental health.
- » More than half said that emotional or mental difficulties had hurt their academic performance in the previous four weeks.
- » High percentages of respondents said their college made their mental health a priority, yet one in five students disagreed with this.



Watch the corresponding video.





JOIN US! CCCSE, in partnership with the National Alliance of Community & Technical Colleges will host a <u>webinar on *Supporting Minds, Supporting Learners*</u> on **November 19, 2024, at 10 a.m. CT**. Participants will include representatives from Active Minds, The Hope Center, Bay College (MI), Pellissippi State Community College (TN), Polk State College (FL), and Waubonsee Community College (IL).

Thank You for Serving on the Board!

CCCSE would like to thank these three outstanding individuals for their leadership and support throughout their term and beyond. They will be celebrated once more at the annual meeting in November. See <u>all members</u>.



Dr. Marcia J. Ballinger President Lorain County Community College (OH)



Dr. Michael A. Baston President Cuyahoga Community College (OH)



Dr. Joe Schaffer President Laramie County Communtiy College (WY)

Diving Deeper Into Dual Enrollment

In 2021, CCCSE developed the <u>Dual Enrollment Survey of Student Engagement (*DESSE*) alongside a panel of experts. Since that time, CCCSE has administered two pilot administrations of the survey, resulting in approximately 9,100 responders; published articles on the survey findings; presented the findings at conferences and convenings; and hosted a learning event for the pilot colleges to review their data. More opportunities are underway to dive deeper into this topic.</u>

National Alliance of Concurrent Enrollment Partnerships (NACEP) 2024 Conference

(October 27 - 29, 2024)



To support the theme for the 2024 NACEP national conference, "Spotlighting the Student Experience," NACEP invited CCCSE to facilitate a panel discussion for the opening plenary session, which focused on *DESSE* data from the pilot administrations. Panelists included two members from *DESSE*'s survey development advisory committee (John Fink, Community College Research Center at Columbia University; and Amy Williams, NACEP) and two *DESSE* pilot college representatives (Dustin Eicke, Laramie County Community College; and Marissa Moreno, Lee College). The conversation with the panelists and CCCSE continued with a concurrent session for colleges interested in learning more about *DESSE*.

Gates Foundation Funds Supplemental Grant for DESSE

A new supplemental grant from the Gates Foundation will support Texas community colleges in participating in a field test administration of *DESSE* during the spring 2025 term. CCCSE is partnering with the Texas Success Center to promote the field test administration and to organize a fall 2025 convening for the participating colleges to review their data and strategize about ways to enhance the experience of dually enrolled students.

Additionally, the supplemental grant will support a preconference session at the 2025 NACEP national conference for the *DESSE* pilot colleges to review their data and strategize ways to enhance the experience of dually enrolled students.

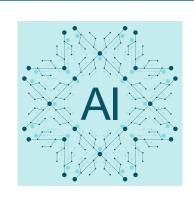
Trellis Foundation Funds Longitudinal Data Project Utilizing DESSE Data

CCCSE is partnering with Dr. Lauren Schudde, UT Austin College of Education Associate Professor, on a project that will link Texas *DESSE* data with state longitudinal data from the Texas Education Research Center (ERC) drawn from the Texas Education Agency (TEA), Texas Higher Education Coordinating Board (THECB), and the Texas Workforce Commission (TWC). This purpose of the project is the following:

- » Paint a rich picture of student demographics, course taking patterns, and education and workforce trajectories before and after participation in dual credit at the college
- » Offer insights on predictors of student engagement with advising and instructional resources
- » Explore predictors for continued enrollment at the community college after graduating high school
- » Track student outcomes, including college enrollment and degree attainment at other colleges and universities across the entire state of Texas and beyond
- » Track employment and quarterly earnings for students in different dual credit pathways (e.g., those primarily enrolled in CTE vs. academic dual credit)



Dr. Lauren Schudde Associate Professor The University of Texas at Austin



Each year, five special-focus items are added to *CCSSE*. In 2025, <u>those</u> <u>items</u> will explore the intersection of artificial intellegence and the learning environment. A corresponding <u>faculty</u> <u>version</u> of items will be added to *CCFSSE*, the companion faculty survey. In addition, CCCSE is working with Central Carolina Community College to conduct focus groups with students and faculty on this same topic.

Gates Extends Pathways Providers Project





Since 2021, CCCSE has been part of the Transformation Enablers Pilot – Pathways Providers Project. The purpose of the original project was for CCCSE to be successfully oriented to the Service Design & Delivery (SD&D) ecosystem (currently called the Higher Endeavor Ecosystem) with other new SD&D providers to identify and define service offerings. This past year, CCCSE was awarded a grant supplement to extend the project.

Initiated this September, Transformation Enabler Service Providers 2.0 is a two-year project that is focused on CCCSE's engagement in the Higher Endeavor Ecosystem, leading to a replicable approach of onboarding future providers to the ecosystem. CCCSE will produce a research brief sharing experiences related to providing support to Intermediaries for Scale project teams regarding pathways implementation and other integrated frameworks for transformation.

Engagement With the Field

Below are recent and upcoming attendances and presentations by CCCSE staff.

AUGUST 2024

- » American Association of Community Colleges Board Retreat Participation
- » Central Carolina Community College Faculty Focus Groups

SEPTEMBER 2024

- » Higher Endeavor Pathways Partners Meeting Host
- » Talent Strong Texas Pathways Institute Orientation Webinar Presentation
- » National Community College Hispanic Council Leadership Fellows Program— Presentation
- » Translating Opportunity Texas (Texas Success Center) Presentation
- » San Diego State University Doctoral Class Visiting Faculty Member
- » Higher Endeavor Virtual Convening Participation
- » State University of New York (SUNY) Focus Group Training
- » Celebración de Excelencia Participation

OCTOBER 2024

- » Higher Endeavor Virtual Convening Participation
- » North Carolina State University, Educational Leadership Doctoral Course Presentation
- » Central Carolina Community College Student Focus Groups & Faculty Workshop
- » EDUCAUSE Annual Conference Presentation
- » Harvard Graduate School of Education Bravely Confronting Racism in Higher Education Panel Discussion — Panelist
- » National Alliance of Concurrent Enrollment Partnerships Conference Open Plenary & Concurrent Session
- » Complete College America AI & Education Convening at Harvard & MIT Participation
- » First Round of Culture of Caring Focus Groups

Recent Press



Adkins, C. & García, L. L. (2024). <u>The time to talk with</u> <u>students about transfer is</u> <u>now</u>. *Diverse: Issues in Higher Education*.



McCoy, D. P. (2024, August 22). <u>Most community college</u> <u>students plan to get 4-year</u> <u>degrees. Few actually do</u> [Radio broadcast]. NPR.